

eeZeePaste™ NUT

Ready-to-Use Therapeutic Food

compact
for life

Product Description

What is eeZeePaste Nut?

eeZeePaste Nut is a lipid-based Ready-To-Use Therapeutic Food (RUTF) developed for the management of severe acute malnutrition (SAM).

eeZeePaste Nut is packed in 92g flexible foil sachets flushed with nitrogen to prolong its shelf-life. The sachets are packed in strong corrugated board cartons.

eeZeePaste Nut is intended for use in community-based management of SAM.

How to eat

eeZeePaste Nut does not require any preparation and should be consumed directly from the sachet.

The consumption of eeZeePaste Nut must be accompanied by breast milk or clean drinking water to prevent dehydration.

Hand washing with water and soap (mother and child) before consumption is recommended.

Recommendations for use

eeZeePaste Nut is intended for community-based management of children with SAM in the rehabilitation phase (phase 2).

One 92 g sachet of eeZeePaste Nut contains 500 kcal. The recommended amount of calories for rehabilitation is 200 kcal/ kg /day:

Weight (kg)	eeZeePaste Nut	
	Sachets per day	Sachets per week
3 – 5	2	14
5 – 10	4	28
10 – 20	5	40

Nutritional quality

The composition of eeZeePaste Nut is in accordance with WHO specifications (2).

The formulation of eeZeePaste Nut is based on the WHO F-100 formula. Its nutritional specifications are similar to the F-100 milk, the only difference being that eeZeePaste Nut contains iron (10 mg/ 100g).

All added mineral salts and vitamins comply with Codex Alimentarius CAC/GL 10 (1).

The amount of anti-nutritional factors is kept low thank to carefully selected raw materials.

Food safety

There is no risk of microbiological growth during storage due to a very low water activity.

The shelf life is minimum 24 months from the manufacturing date when stored below 30 °C in a dry place.

Use eeZeePaste Nut within 24 hours after opening the sachet.

The manufacturing of eeZeePaste Nut complies with Codex Alimentarius CAC/RCP 21 and ISO22000 (3, 4).

References

1. Codex Alimentarius CAC/GL 10, 1979. *Advisory lists of mineral salts and vitamin compounds for use in foods for infants and children.*
2. WHO/WFP/UNSCN/Unicef, 2007. *Community based management of severe acute malnutrition.*
3. Codex Alimentarius CAC/RCP 21, 1979. *Recommended International Code of Hygienic Practice for Foods for Infants and Children.*
4. European Standard ISO 22000, 2005. *Food safety management systems – requirements for any organisation in the food chain.*